



# The Wisdom Imperative: Peace Through Education for a Sustainable World

**Sue L. T. McGregor**

ATLAS Fellow, Professor Emerita (MSVU), McGregor Consulting Group (Principal Consultant), 11565 Peggy's Cove Road, Seabright Nova Scotia Canada B3Z 2Y1, Email:sue.mcgregor@msvu.ca or www.consultmcgregor.com

Received 1 March, 2022; Revised 13 March, 2022; Accepted 13 March, 2022

Available online 13 March, 2022 at [www.atlas-journal.org](http://www.atlas-journal.org), doi: 10.22545/2022/00170

**U**nsustainable consumption is a problem of conscience and a societal challenge thwarting a sustainable world. Morally conscious consumption is grounded in wisdom. The paper thus ties wisdom to consumption as a way to help sustain the world. After profiling wisdom as a construct, the discussion turns to conceptualizing both peace (seven types) and peace education (i.e., education about peace, for peace, and peace through education). Special attention is given to peace through education (including problem-posing education) and to wisdom and practical wisdom as avenues to a sustainable world. By experiencing a form of education that helps them learn from their accumulated consumption experiences, people can gain wisdom that can be applied to their marketplace decisions for the good of humanity. Revamping the education system so it leads to wisdom, practical wisdom, and multifaceted peace is a daunting prospect, but it cannot compare to the loss of a sustainable world.

**Keywords:** Consumption, peace education, types of peace, wisdom, practical wisdom, sustainable world.

## 1 Introduction

This special issue concerns a sustainable world, which is difficult to attain because of societal and environmental challenges. The Guest Editor [1] suggested using educational interventions to create paths of peace because peace helps people work together to create a sustainable world. Four lines of thinking were proposed as avenues from which to contribute to this special issue: (a) unstructured global problems, (b) problems of conscience, (c) contemporary issues and (d) interdisciplinary and transdisciplinary (TD) educational programs [1].

Unsustainable consumption is a problem of conscience (i.e., a moral sense of right and wrong). In this case, conscience pertains to a person's knowledge of themselves acting as a consumer and a human at the same time [2-3]. Unconscious consumption that is not mindful of eventual fallout is a societal challenge thwarting a sustainable world. Unmindfulness is negligence, obliviousness, and blindness to the consequences [4]. As a caveat, people can be *conscious* of their actions and still make *unconscientious* choices [5]. A common example is buying a cup of freshly brewed coffee at a coffee franchise while being fully aware of the human, nonhuman species, and environmental compromise (even decimation and death) involved in producing and distributing the coffee beans [3].

Not surprisingly, McGregor [3,5] argued that modern-day consumption is not peaceful, hence not sustainable. It leads to human exploitation, social injustice, cultural compromise, and environmental decline all of which compromise a sustainable world. Inspired by Hernandez-Aguilar's [1] call for papers, this article is predicated on the assumption that a sustainable world is more likely if people are socialized to respect conscious, mindful consumption. This can be achieved by tendering a particular educational intervention [1] specifically a unique type of peace education [6]. The result would be educated people who are wise to the fact that their personal choices (especially in the marketplace) play a pivotal role in creating a sustainable world. Anyone who is morally conscious is grounded in wisdom [7]. The author thus ties wisdom to consumption and peace education as a way to help sustain the world.

After profiling wisdom as a construct, the discussion turns to conceptualizing both peace (three types) and peace education (three types). Special attention is given to peace through education and to wisdom and practical wisdom as avenues to a sustainable world.

## 2 Wisdom

“Morality pertains to the rightness or wrongness of behaviour gauged against some agreed-to standard of conduct. Immoral means the behaviour is wrong, reprehensible (so objectionable as to elicit strong disapproval, even contempt) and bad, bad because the immoral action is below a standard of acceptable quality and causes harm or injury” [2] (p. 16). “Conscience is always defined in terms of decency and grace, dignity and honor and as conformity to recognized standards” [2] (p. 170). When someone eschews good conscience, people often respond with “How, in good conscience, could you act that way?”

If someone is *morally* conscious, they are grounded in goodwill, love, and wisdom. Moral unconsciousness has its roots in greed, anger, hatred, and delusion [3, 7]. What matters to the argument herein is that people can shift from immoral to moral consciousness when they learn to use wisdom and mindful diligence [7]. Wisdom is the quality of being wise, which refers to sagaciousness, discernment, having good judgement, and being learned and knowledgeable due to lessons learned from experiences [7-8]. Wisdom is associated with such traits as unbiased judgements, self-knowledge, ethics, common sense, and deep understanding and insights. Conversely, being unwise means acting foolishly, and devoid of good judgement or good sense. Unwiseness manifests in heedlessness, a lack of intelligence, an inability to learn from experience, and unadvisable behaviour [4, 9-10].

Nicolescu [11-12] believed that the absence of wisdom in contemporary society is the crux of modern-day problems and an unsustainable world. He called for the conciliation of technoscience and wisdom (i.e., calm a dispute using mediation). Technoscience (technological advances and the scientific method and ethos) refers to the interaction between the theoretical and the practical within contemporary scientific research and development (R&D) [13]. Technoscience is problematic for Nicolescu [12] because it privileges objectivity, the universality of science, and realism (absolutism) [13]. The “overwhelming advance of technoscience (p. 11) [is] without brakes, without values, without any end other than utilitarianism [e.g., benefit the majority]” [12] (p. 101).

Nicolescu [12] said that an immense treasure of wisdom and knowledge has accumulated over time, but that technoscience has overshadowed its worthiness and significance. Technoscience has created an unbreachable divide between science and wisdom. He called this “the abyss” [12] (p. 11), a very deep, bottomless chasm. The tension arising from this chasm (i.e., profound differences between technoscience and wisdom) must be conciliated (mediated) if people want to successfully address the polycrises facing humanity [12], crises exacerbated by unpeaceful, unmindful, and morally unconscionable consumption [3, 14].

Drawing on Kirshnamurti [15], Fisk [6] expounded on wisdom. People cannot find wisdom in books. It cannot be memorized or accumulated in one spot. Wisdom comes from the abnegation of the self. That is, it comes from the temporary denial and renouncement of one's rights, interests, or conveniences so that one can learn by keeping an open mind. Opening one's mind does not mean everything in there falls out. Instead, an open mind is an opportunity to look inside and become aware of one's own feelings and

thoughts. With an open mind, people can observe themselves, become aware of what is influencing them and how, and gain wisdom by learning from these experiences (see also Ambrosi-Randić & Plavšić) [9].

Whyborn [16] claimed that “through self-awareness – the wisdom acquired over a lifetime of self-tuning – [people can] progressively take ownership of their behavior” (para. 31). Self-learning from openminded experiences leads to wisdom [16]. As a caveat, “it is not any kind of experience in itself that leads to wisdom, but rather a decision to use that experience in a reflective ... way” [9] (p. 12). Fisk illustrated this idea thus. Rosa Park’s “‘uneducated’ activist husband had the wisdom, gleaned from his experience in the NAACP, to encourage Rosa’s peace and civil rights education” [6] (p. 187).

Yang [17] proposed that wisdom tends to develop and emerge in two real-life contexts. The developmental context entails dealing with large life decisions and managing one’s life. The situational context involves addressing everyday situations by problem solving or resolving emergent crises. People learn from these experiences and become wiser. People with wisdom then become “aware of others’ needs because of the difficulties they [themselves] had encountered earlier in life” [17] (p. 510). It is important that people develop wisdom because they can use it to improve other people’s quality of life and help them attain life satisfaction and happiness. It does so by introducing values and morality into important judgements (i.e., discernment leading to prudent conclusions or courses of action) [9, 18].

### 3 Conceptualizing Peace and Peace Education

“Gaining life experience is crucial for becoming wise(r). In this context, education ... represents a potential contributor in wisdom development” [9] (p. 15). Four in ten (43%) people agreed that education is important to gaining wisdom [9]. Hernandez-Aguilar [1] called for educational interventions that would create pathways of peace, so people can work together to create a sustainable world. What better way to start than with peace education itself because “peace education aims to create in the human consciousness a ... commitment to the ways of peace” [19] (p. 10).

#### 3.1 Conceptualizing Peace

Peace is so much more than the absence of war, violence, and conflict [19], meaning peace education can (should) be very broad and comprehensive in its approach. Groff [20-21] conceptualized seven types of peace (see Table 1) (see also Smoker and Groff) [22]. They range from peace inside a person to peace between cultures and entire civilizations. Groff [21] organized them into the (a) prevention of war and violence; (b) elimination of structural violence; and (c) maintenance of holistic, complex systems. Academic practitioners who chose to develop an educational intervention that leads to pathways of peace to co-create a sustainable world [1] must be aware of the broad scope of the peace concept [19].

#### 3.2 Conceptualizing Peace Education

Peace education is predicated on the assumption (or observation) that people are creating or exacerbating conflict and violence through actions informed by their values, beliefs, attitudes, and knowledge (or lack thereof) [19]. As a caveat, conflict arises when incompatible interests and goals lead to disagreement or argument. People will always experience conflict usually daily. But they can choose to respond in one of two ways: violence or nonviolence [23]. Violence involves behaviour intended to hurt, damage, harm, or kill someone or something. Nonviolence is the personal practice of not causing harm (or causing the least amount of harm) to anyone or anything under any conditions [3, 5, 24].

Peace education seeks to build awareness and understanding, develop mutual concern, and challenge personal and social actions thus making it invaluable for a sustainable world. Peace education will help people “create conditions and systems that actualize nonviolence, justice, environmental care and other peace values” [25] (Slide 25) (see also Vega et al.) [26]. Peace education also serves to transform the human condition by challenging and changing social structures and the thought patterns that created the present conditions. The overall intent is to eliminate social injustice, reject violence, and abolish war [25, 27].

**Table 1:** Seven types of peace [21] and attendant peace infractions in consumer context [3,5].

Types of Peace	Peace Infractions Arising from Consumer Context
<b>Prevention of War and Violence</b>	
<p><b>Negative peace</b> (a culture of war) is the absence of overt war and violence – no direct threat from the spectre of war. War is a state of open fighting between or within <i>nations</i>. Violence is extreme, intense force exerted for the purpose of violating, damaging, or abusing <i>someone</i>.</p>	<ul style="list-style-type: none"> <li>• Only one in six people live in a consumer society. The unlimited wants of the privileged few create conflict for scarce resources.</li> <li>• Corporate media and transnational corporations (TNCs) perpetuate violence under the guise of new brands and forms of entertainment. Youth uncritically consume these goods and services. A whole generation is thus desensitized to violence.</li> <li>• The production processes used to make more than 80% of consumer goods exploit child labour, or use sweatshops, prison labour, or slave labour. Deeply entrenched social injustice is created and local violence and civil disorder can result from these injustices.</li> </ul>
<p><b>Balance of international forces</b> is a systems view of peace. When there is a dynamic balance between political, economic, technological, social, and cultural factors in the international system, there is peace. An imbalance in these patterns of relationships can lead to tension, conflict, strife, and possibly war and a need for the system to be rebalanced.</p>	<ul style="list-style-type: none"> <li>• Consumers buy mundane products and services from TNCs without realizing the TNCs are deeply entrenched in the military-industrial complex (MIC) (e.g., General Electric, Daimler Chrysler, Fujii). The MIC is a symbiotic relationship between a nation's armed forces and associated political and commercial interests.</li> <li>• TNCs making consumer products may support the arms trade and oppressive military regimes to gain trade advantages. This leads to an imbalance in international forces.</li> </ul>
<b>Eliminate Structural Violence</b>	
<p><b>Positive peace</b> (structure of society) is the presence of justice through the absence of <b>structural violence</b>. The latter happen when the design of social institutions and policies creates barriers that result in lack of adequate food, housing, health, safe and just working conditions, education, economic security, clothing and protection, and family relationships. People thus affected tend to live a life of oppression, exclusion, exploitation, marginalization, collective humiliation, stigmatization, repression, and inequities. The lack of opportunities they face is no fault of their own – the fault lies with how society is structured.</p>	<ul style="list-style-type: none"> <li>• The entire marketplace infrastructure is a key source of structural violence. Nonpeaceful production and distribution methods prevail. Opportunities for consumers to buy otherwise are limited due to structural violence. Buying things inadvertently leads to oppression, exploitation, marginalization, loss of resiliency, loss of solidarity, and loss of sustainability.</li> <li>• Although unintentional, consumers perpetuate violence with few shopping alternatives at hand; less than 1% of global trade is <i>fair</i> trade, which supports labourers, farmers, and their communities.</li> </ul>
<p><b>Relational peace (feminist peace)</b> is rooted in personal experiences and is unique to each person. It is peace at the individual level. When this type of peace is missing, it is experienced as violence in relationships (child and partner abuse), in the street, on the school bus, in the school yard, in the home, in the workplace, with peers (bullying), and in the community (graffiti and terrorizing).</p>	<ul style="list-style-type: none"> <li>• Parenting styles can perpetuate violence including children uncritically watching TV, advertising, or using social media.</li> <li>• Some youth engage in violence to obtain brand-name products.</li> <li>• The presence of TNCs in schools (fast food, beverages, technology) further desensitizes students to the lurking spectre of violence associated with TNCs.</li> <li>• Alienation in consumer society leads to feelings of needing to belong that are ameliorated with overspending, addictions, and gang affiliation.</li> <li>• Pace of consumer society (work to spend) can lead to stress, depression, and anxiety, which is often mollified by spending. A vicious cycle ensues.</li> <li>• Advertising and marketing manipulate the collective psyche; everything is for sale, including relationships.</li> </ul>



Table 1: (continued)

<b>Sustain Holistic Complex Systems</b>	
<p><b>Inner peace</b> is a holistic state of mind, body, and soul – peace within. Experienced within each person, it arises from religions, spirituality, and levels of consciousness. People who experience it say the feeling is not dependent on time, people, place, or any external object or situation. Prayer, meditation, and the mind-body connection help attain and sustain this peace.</p>	<ul style="list-style-type: none"> <li>• The consumer society is about image and illusions. People buy things to define themselves. This inner stroking sustained by spending is not sustainable and can be quite harmful.</li> <li>• People assume inner happiness comes from owning things and having monetary wealth.</li> <li>• Buying things to define oneself entails involvement in the marketplace (structural violence).</li> <li>• People buy things for a quick, feel-good fix instead of slowing down to reflect and feel good from self-knowledge.</li> <li>• People are busy <i>doing</i> instead of <i>being</i>; doing requires materialism. Lack of being (true essence and existence) diminishes inner peace.</li> </ul>
<p><b>Eco (Gaia) peace</b> means living holistically in a peaceful, respectful relationship with and stewardship of nature, and the thousands of other species that share Earth with humans. Lack of eco peace refers to all forms of physical violence against the environment and nonhuman species leading to unsustainability, loss of diversity, and climate change.</p>	<ul style="list-style-type: none"> <li>• Most production and distribution systems pollute and extract scarce resources.</li> <li>• We would need seven earths to consume as people do in two countries (North America) let alone the rest of the world.</li> <li>• Consumer society perpetuates a scarcity mentality instead of a stewardship mentality.</li> <li>• Nature is seen as a resource that can be extracted and exploited instead of something to be respected, enjoyed, and stewarded for future generations.</li> </ul>
<p><b>Intercultural peace</b> is peace between diverse, whole cultures, civilizations, and religions/faiths. People approach each other with full respect and tolerance (openmindedness) for the human needs that unite and motivate human life. People honour the rich cultural diversity of humanity. Intercultural peace is an active intercultural communication – constant, positive human interaction that sustains the whole of humanity.</p>	<ul style="list-style-type: none"> <li>• A consumer society asserts rights over responsibilities.</li> <li>• The powerful sense of individual consumer entitlement precludes tolerance and respect for others.</li> <li>• Western, top-down economic globalization suppresses other forms of globalization that privilege solidarity, gendered perspectives, indigenous knowing and such thereby preventing intercultural peace.</li> <li>• Economic systems are driven by the ubiquitous competitive paradigm (technological progress, wealth accumulation) leaving little room for the cooperation, mutual interest, and solidarity paradigms. Resultant negative human interaction diminishes intercultural peace.</li> </ul>

Peace education is a practical imperative and an ethical imperative [25-26]. Pragmatically, peace education contributes to “build[ing] a critical mass of people who will demand for and address the needed personal and structural changes that will transform the many problems that relate to peace into nonviolent, humane and ecological alternatives and solutions” [25] (Slide 30). It also challenges people’s belief that wars cannot be avoided and does so by helping people discern alternatives to violent reactions to conflict [25].

As an ethical imperative, peace education strives to mitigate the negative impact of violent reactions to conflict on life and well-being. This form of education teaches ethical principles including but not limited to nonviolence, justice, love, solidarity, human dignity, and a respect for nature and all life. Strengthening the common good and inculcating the unity and value of life is the mandate of “major world faith traditions, humanitarian ethics and ... indigenous spirituality” [25] (Slide 32). Peace education embraces and perpetuates this ethical imperative [26].

Respecting the practical and ethical imperatives of peace education, Fisk [6] challenged peace educators to reflect on what constitutes peace education and related pedagogy. By choosing three different prepositions (i.e., a grammatical word expressing a relation between two other words), he differentiated among (a) education *about* peace, (b) education *for* peace and (c) peace *through* education. All are important, but each one yields a different result. The preposition *about* means to be the topic of, the point of, or the main concern. The preposition *for* means in favour of, toward something, to be the purpose of. Through connotes the means of doing something. It also refers to a passage from one place to another, and it can

refer to continuing on in time [4].

Peace *through* education is preferred because of its holistic and all-encompassing nature [6]. In her call for papers, Hernandez-Aguilar [1] had envisioned “educational interventions ... leading in general to paths of peace” (para. 1). Fisk’s [6] work about three approaches to peace education is in a book titled *Patterns of Conflict, Paths to Peace* [28]. This book concerned “the discovery and careful investigation of various pathways [to peace] that promise to take the traveller over or around or through conflict to a less violent, less troubling, future” [28] (p. 9). That is, to a more sustainable world [1].

### 3.2.1 Education about Peace

When people are exposed to education about peace, they receive information, facts, and ideas about things that affect peace (e.g., social justice, conflict, human rights, equity, gender equality, tolerance, human security, environmental integrity, diversity). Learning “about something is essentially a data-gathering process” [6] (p. 174). People are not asked to challenge the social order or the status quo; instead, they are expected to uncritically accept it. This approach can also be anti-dialogical, meaning there is minimal exchange among learners with the teacher viewed as the authority figure. Sometimes education *about* peace introduces problem-solving skills. As a caveat, a thorough knowledge of aspects affecting peace should not be disparaged [6], but education about peace falls short of what is needed to build a sustainable world. Knowing *about* something and feeling compelled to *do* something is not the same thing.

### 3.2.2 Education for Peace

Fisk [6] then presented an interesting argument. He suggested that if education about peace (leading to more knowledge about what affects it) does not lead to “new openness or an understanding attitude on our part ... there is something more at work – something that has to do with values, moral standards or the development of our sensitivities and character” [6] (p. 180). To counter any passivity and lack of motivation to change things that can happen with education *about* peace, he proposed education *for* peace (i.e., in favour of peace), which helps people recognize that their “usual way of seeing and doing things perpetuates injustice [and a lack of peace]” [6] (p. 181).

Education for peace equips people to deal with ideologies, paradigms, worldviews, values, attitudes, skills, principles, and moral standards. They gain a sensitivity to others, an awareness of their own cultural conditioning, and they learn new perceptions that move them to take a different path than they did in the past [6]. Educating *for* something means education serves a particular reason. It orients people to achieve a specific purpose, in this case, to achieve peace. The danger with this approach is that it is based on “a hunger for certainty [and security] and a fear of ambiguity” [6] (p. 183). Education *for* peace can thus fall prey to being an ideological conversion instrument that divides people. Educators can slide down the slippery slope of proselytization (i.e., converting to another’s opinion or belief) especially if the pedagogy is not dialogic [6].

### 3.2.3 Peace through Education

Educate is Latin *educare*, ‘to lead out’ [8]. Fisk maintained that “education of a certain kind in and of itself is considered to be a vehicle for learning peace” [6] (p. 185). Education about or for peace would not be needed if all education inculcated certain learnings, principles, and imperatives to which people would be consistently and broadly exposed thus leading them to peace [6] (see Table 2). Through a certain kind of education, people can be lead to peace. “When the process of learning in other subject areas mirrors the substance of peace education, then we don’t need to engage in peace education as a separate endeavour” [6] (p. 185).

**Table 2:** Peace through education [6].

<input type="checkbox"/>	strive for wisdom
<input type="checkbox"/>	engage in moral self-reflection
<input type="checkbox"/>	strive for self-clarity by consciously resisting dependencies on systems, authorities, political and religious leaders
<input type="checkbox"/>	commit to democratic action
<input type="checkbox"/>	live toward one's potential
<input type="checkbox"/>	be critically aware of life's conditions (the human condition)
<input type="checkbox"/>	critically resist ideals and ideologies
<input type="checkbox"/>	appreciate everyday life and every day of life
<input type="checkbox"/>	live with uncertainty and moral ambiguity couched in one's potential to flourish
<input type="checkbox"/>	accept that you do not know, which opens the door to learning
<input type="checkbox"/>	face up to cherished certainties, and be willing to question them and let them go
<input type="checkbox"/>	openly face one's limitations and conditioning and do so critically with others
<input type="checkbox"/>	dispense of preconceived notions and values for the sake of new and greater knowledge and insights
<input type="checkbox"/>	work together for larger truths by diligently verifying facts and findings, and testing new hypotheses
<input type="checkbox"/>	develop capacity for cooperation, trust, and commitment
<input type="checkbox"/>	accept that the world is incomplete, and the future is uncertain, but have faith in the possibilities of the future
<input type="checkbox"/>	engage in self-invention and not just self-discovery; respectively, what we search for does not exist <i>until</i> we find it versus something already exists and is <i>waiting</i> to be found

### 3.2.4 Problem-Posing Education

Peace *through* education (see Table 2) would depend on a particular pedagogical collection: inquiry-based learning, project-based learning, collaborative learning, an issues-based approach, authentic learning, democratic education, moral development education, teaching controversial and sensitive issues; and thematic and integrative curricula [6, 19, 27].

In addition to the aforementioned peace pedagogy, Fisk [6] strongly advocated for problem-posing education as the main avenue for ensuring peace *through* education. Hernandez-Aguilar [1] was concerned about the challenges of building a sustainable world. From a problem-posing perspective, “the ‘problem’ [is] the world and its economic and political structures, many of them exploitive” [6] (p. 177). Problem-posing education lets people view the world as unfinished and problematic, but more important, people learn they can change the world by changing existing power arrangements. The world actually becomes “a medium or go-between in the learning experience” [6] (p. 176). “The world intercedes in our learning context and provides the opportunity to dialogue as equals about common life-situations” [6] (p. 177).

An awareness of one's own oppressed or flawed consciousness and one's social and ideological conditioning is the starting point of problem-posing education [6]. Problem posing thus requires people to be radically open to differences and diversity and to “what the world reveals about itself” [6] (p. 180). With acceptance of these revelations, “the world touches them differently because fresh assumptions or expectations allow them to perceive new realities” [6] (p. 179). When the place where people stand and look at the world shifts, knowledge is engendered, meaning it is an offspring of the new perspective provided through problem posing [6]. This new knowledge can be transposed into wisdom [6, 9].

Education is important to gaining wisdom [9]. Fisk [6] asserted that peace through education helps people gain wisdom by providing increased awareness of both social and ideological conditioning (blinders) and cherished certainties that block the ability to deal with uncertainty. The knowledge people gain through education and their learning experience can grow and develop into wisdom [6, 9]. People can use their wisdom to help build a sustainable world.

## 4 Practical Wisdom

The knowledge gained through problem-posing education “can sometimes make all the difference in the world” [6] (p. 180) (pun intended). Learning from this knowledge acquisition process can lead to wisdom [6,

9], which must be developed if people want to create a sustainable world [16]. The latter are compromised by unconscious, unmindful consumption [3, 5] (see Table 1). That said, Whybrow [16] was convinced that “collectively we can acquire the wisdom to sustain a vibrant and balanced society” (para. 12). Supporting this supposition, consumer scholars [18] recently applied Aristotle’s notion of practical wisdom to transformative, liberatory consumer behaviour that is fully focused on personal and collective well-being and, by association, a sustainable world. They were convinced that Aristotle’s idea was appropriate for considering matters related to the good of humanity including consumption. They titled their work *Can Consumers be Wise?* and answered yes from two perspectives. Yes, consumers can be wise and shrewd in their marketplace behaviour thereby avoiding being taken in and manipulated by marketing hype. And yes, consumers can be wise from an Aristotelian perspective by cultivating and using practical wisdom [18].

To recap, wisdom is “the capacity of judging rightly in matters relating to life and conduct; soundness of judgement in the choice of means and ends” [29] (p. 2325). Practical *wisdom* stems from Greek *phronesis*, ‘prudent, self-controlled’ [8, 18]. The notion of *phronesis* takes us “beyond knowledge to wisdom” [18] (p. 8). Practical wisdom is a type of intelligence or wisdom concerned with the virtue of *practical thought* [18] (i.e., think hard and deep before you act).

In more detail, practical wisdom (“the master virtue”) [18] (p. 665) helps people figure out the best balance between other virtues in a given context. Virtues include courage, honesty, empathy, compassion, generosity, justice, caution, decisiveness, kindness, frugality, and responsibility [18]. Should the consumer favour responsibility or frugality? Should they favour compassion or decisiveness (quickly settle an issue) when buying something? What does this particular purchase situation demand of them to ensure well-being and quality of life for all [18]?

Practical wisdom is thus defined “as developing plans and solutions that are well reasoned and capable of action in regard to matters that are good or bad for humanity” (i.e., human and earthly welfare) [18] (p. 9); that is, a sustainable world [1]. In this light, being a wise consumer is more than shrewdness, more than cost-benefit analyses or knowing one’s preferences to avoid manipulation. It is instead “about perceptive, context-specific judgements with a mission to maintain or enhance [personal and collective] well-being” [18] (p. 664). These consumer judgements should be grounded in the virtue of practical thought and wisdom [18]. The resultant well-being and quality of life are profoundly connected to a sustainable world [1].

## 5 Conclusion

Hernandez-Aguilar envisioned “paths of peace” [1] (para. 1). Aristotle, through *phronesis*, envisioned “hope and direction through practical wisdom” [18] (p. 664). These two ideas go hand in hand and could be the backbone of peace *through* education [6] for a sustainable world [1]. Creating this educational intervention [1] is an imperative as McGregor [3, 5] so powerfully illustrated in her observations about the ubiquitousness of unpeaceful, unsustainable consumption and production (see Table 1). Unconscionable actions in the consumer context (i.e., problems of conscious) [1] severely compromise, nearly nullify, attaining a sustainable world. McGregor posited that “today’s consumption reality is complex, chaotic and oppressive [but she remained convinced that citizens can benefit from] a new way to frame consumption” [3] (p. 148).

“To have practical wisdom is to know what to aim for, to know the purpose of being ... a conscientious consumer” [18] (p. 666). If people can learn from critically examining their accumulated consumption experiences (see Table 1), they can gain this wisdom, which has become a global imperative. As Hernandez-Aguilar earnestly stated, if we do not attain “global sustainability [there will be reverberating] repercussions on the quality of life and survival of [humanity itself]” [1] (para. 1). One step in that direction is peace *through* education leading to the development of wisdom and transformative, liberatory consumer behaviour. Revamping the world’s education system so it leads to wisdom, practical wisdom, and multifaceted peace is a daunting prospect, but it cannot compare to the loss of a sustainable world.

**Funding:** This research received no external funding.

**Conflicts of Interest:** The author declares no conflict of interest.



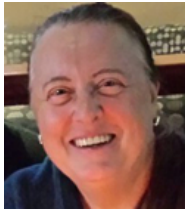
Copyright ©2022 by the author. This is an open access article distributed under the Creative Commons Attribution License (<https://creativecommons.org/licenses/by/4.0/>), which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is properly cited.

## References

- [1] Hernandez-Aguilar, C. (2022). TJES special issue: Social & environmental challenges for a sustainable world. *Transdisciplinary Journal of Engineering and Science*. <http://www.atlas-tjes.org/index.php/tjes/special-clad>
- [2] McGregor, S. L. T. (2006). Understanding consumers' moral consciousness. *International Journal of Consumer Studies*, 30(2), 164–178. doi:10.1111/j.1470-6431.2005.00473.x
- [3] McGregor S. L. T. (2010). *Consumer Moral Leadership*. Rotterdam, the Netherlands: Brill/Sense.
- [4] Anderson, S. (Ed.). (2014). *Collins English dictionary* (12th ed.). Glasgow, Scotland: Harper Collins.
- [5] McGregor, S. L. T. (2016). Non-violent consumption. In *Factis Pax: Journal of Peace Education and Social Justice*, 10(1), 8–28. <http://www.infactispax.org/journal/>
- [6] Fisk, L. (2000). *Shaping visionaries: Nurturing peace through education*. In L. Fisk & J. Schellenberg (Eds.), *Patterns of Conflict, Paths to Peace*, (pp. 159–193). Peterborough, ON: Broadview.
- [7] Kyaw Min, U. (1899). *Introducing Buddhist Abhidhamma* [e-book]. Exotic India Publishing. <https://www.wisdomlib.org/buddhism/book/introducing-buddhist-abhidhamma/d/doc393.html>
- [8] Harper, D. (2022). *Online Etymology Dictionary*. <http://www.etymonline.com/> (accessed February 4, 2022).
- [9] Ambrosi-Randić, N., & Plavšić, M. (2015). The role of education in development of wisdom. In O. Chigisheva & N. Popov (Eds.), *Quality, Social Justice and Accountability in Education Worldwide*, (Vol. 13, pp. 11–17). Sofia, Bulgaria: Bulgarian Comparative Education Society.
- [10] Grossmann, I. (2017). Wisdom in context. *Perspectives on Psychological Science*, 21(12), 1254–1266. doi:10.1177/1745691616672066
- [11] Nicolescu, B. (2010). Methodology of transdisciplinarity: Levels of reality, logic of the included middle and complexity. *Transdisciplinary Journal of Engineering & Science*, 1(1), 19–38.
- [12] Nicolescu, B. (2014). *From Modernity to Cosmodernity*. Albany, NY: SUNY Press.
- [13] Hottois, G. (2022). Technoscience (Trans. J. A. Lynch). In *Encyclopedia of Science, Technology, and Ethics*. <https://www.encyclopedia.com/science/encyclopedias-almanacs-transcripts-and-maps/technoscience> (accessed February 4, 2022).
- [14] McGregor, S. L. T. (2013). Transdisciplinary consumption. *Integral Review: A Transdisciplinary and Transcultural Journal*, 9(2), 413–438.
- [15] Kirshnamurti, J. (1953). *Education and the Significance of Life*. New York, NY: Harper and Row.
- [16] Whybrow, P. (2015, September 23). Wisdom: Re-tuning for a sustainable future. *Post Carbon Institute Blog*. <https://www.postcarbon.org/wisdom-re-tuning-for-a-sustainable-future/> (accessed February 4, 2022).
- [17] Yang, S.-Y. (2011). East meets West: Cross-cultural perspectives on wisdom and adult education. *New Directions for Adult and Continuing Education*, 131, 45–54. doi:10.1002/ace.420
- [18] Mick, D. G., & Schwartz, B. (2012). Can consumers be wise? Aristotle speaks to the 21st century. In D. G. Mick, S. Pettigrew, C. Penchmann, & J. L. Ozanne (Eds.), *Transformative Consumer Research*, (pp. 663–680). New York, NY: Routledge.
- [19] Harris, I., & Morrison, M. L. (2003). *Peace Education* (2nd ed.). Jefferson, NC: McFarland & Co.
- [20] Groff, L. (2001). Seven concepts in the evolution of peace thinking. *Peacebuilding: Newsletter of the Peace Education Commission of the International Peace Research Association*, 3(1), 11–15.

- [21] Groff, L. (2008). Contributions of different cultural-religious traditions to different aspects of peace leading to a holistic, integrative view of peace for a 21st century interdependent world. *FUTUREtakes: Transcultural Futurist Magazine*, 7(1), Article 8. [http://www.futuretakes.org/docs/Volume%207%20no%201/v7n1\\_article8.pdf](http://www.futuretakes.org/docs/Volume%207%20no%201/v7n1_article8.pdf)
- [22] Smoker, P., & Groff, L. (1996). Creating global-local cultures of peace. *Peace and Conflict Studies*, 3(1), Article 3. doi:10.46743/1082-7307/1996.1170
- [23] Pratt, A. (2008). *Preventing and Mitigating Violent Conflicts: A Guide for Practitioners* (2nd ed.). Chevy Chase, MD: Creative Associates.
- [24] Nagler, M. (1999). *The Steps of Non-violence*. Nyack, NY: Fellowship for Reconciliation.
- [25] Castro, L. N. (2012, July 24). *Peace Education: A Transformative Response to Major Societal Challenges* [Slideshare]. <https://www.slideshare.net/denisevalino/peace-education-13735962> (accessed February 4, 2022).
- [26] Vega, V. A., Prieto, N. G., & Carreon, M. L. (2009). *Social Dimensions of Education* (Rev. ed.). Quezon City, Manila: Lorimar.
- [27] Reardon, B. (1988). *Comprehensive Peace Education*. New York, NY: Teacher's College Press.
- [28] Fisk, L., & Schellenberg, J. (2000). *Patterns of Conflict, Paths to Peace*. Peterborough, ON: Broadview.
- [29] Simpson, J. A., & Weiner, E. S. C. (Eds.) (1991). *Compact Oxford English Dictionary* (2nd ed.). Boston, MA: Beacon Press.

## About the Author



**Dr. Sue L. T. McGregor** (PhD, IPHE, Professor Emerita) is a Canadian home economist (nearly 50 years) retired after 30 years from Mount Saint Vincent University, Halifax NS. She has a keen interest in home economics philosophy and leadership along with transdisciplinarity, research paradigms and methodologies, and consumer studies and education. She is a ATLAS Fellow, a Rhoda H. Karpatkin International Consumer Fellow, and she received the TOPACE International Award (Berlin) for distinguished international consumer scholar, especially as consumer educator using a transdisciplinary perspective. Dr. McGregor is the recipient of Kappa Omicron Nu's (KON) Marjorie M. Brown Distinguished Professor Award (home economics leadership) and is Docent in Home Economics at the University of Helsinki (lifetime appointment in recognition of international leadership). She published *Understanding and Evaluating Research* (SAGE) in 2018. Her scholarship is at [www.consultmcgregor.com](http://www.consultmcgregor.com)

---